

COVID-19 Guidance at Markets



**KEEP COVID-19
OUT OF OUR
MARKETS**

What can you do ?

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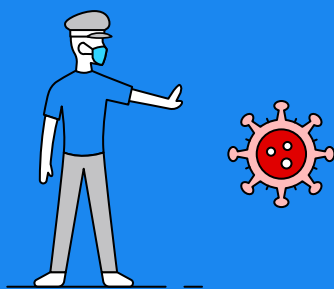
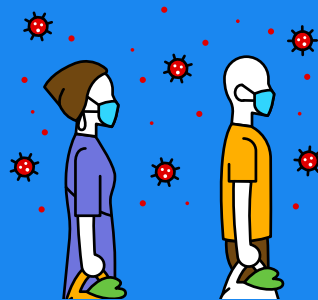
Markets are an important part of the community.

In many cities, markets are the only place where consumers can purchase fresh food and other essential products.



The risk of transmission from food is low.

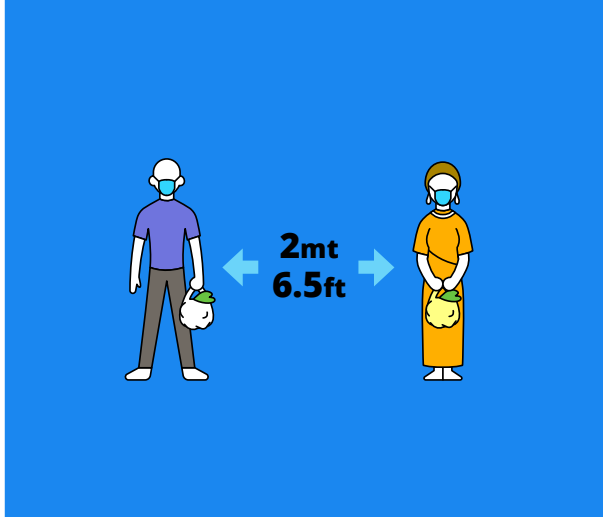
But markets are places where the COVID-19 virus can spread quickly from person to person.



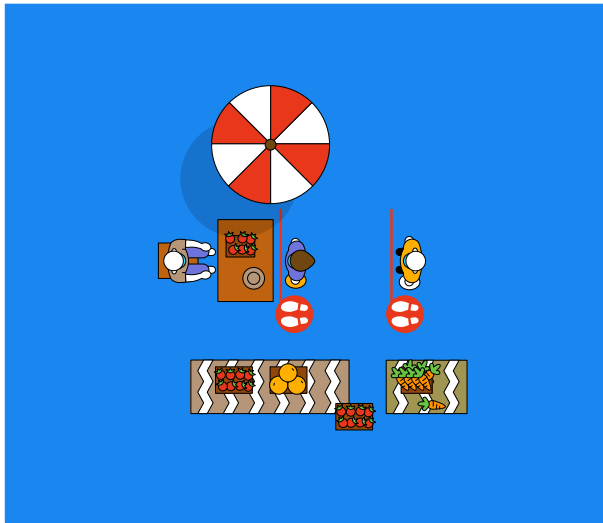
Like billions of people around the world, follow few simple rules and save lives.



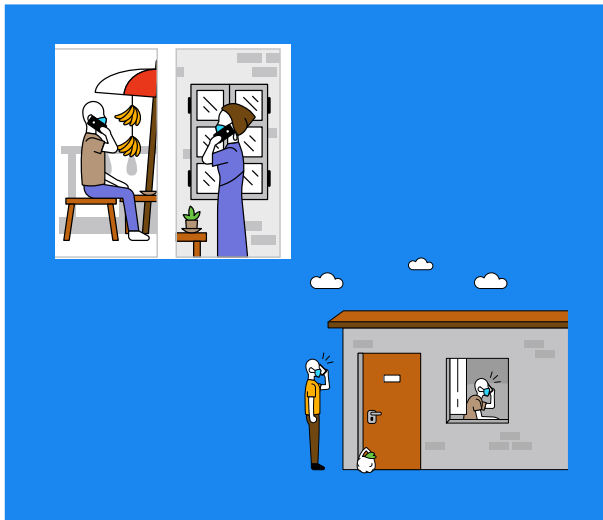
Avoid Close Contact



Show the right example, and avoid close contact by staying at least 2 metres away from people who are not part of your household.

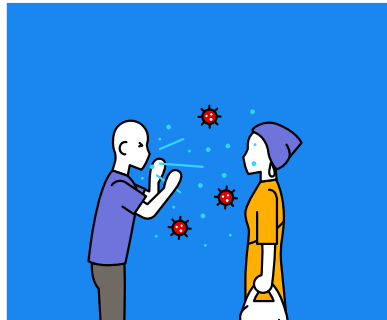


Talk to the market authority about adding markings on the ground or other systems to ensure distancing.

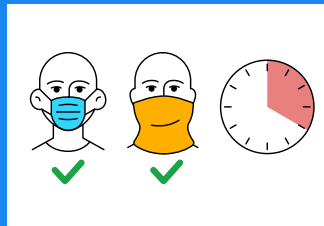


Consider offering different ways for ordering and pick-up to avoid crowding the market.

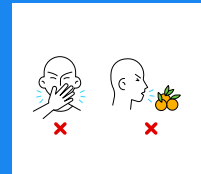
Hygiene



The virus spreads when the infected person coughs, sneezes, talks or breathes.



Be a leader and always wear a mask or other face covering that covers your nose and mouth to protect yourself and others and change your mask every 4 hours.



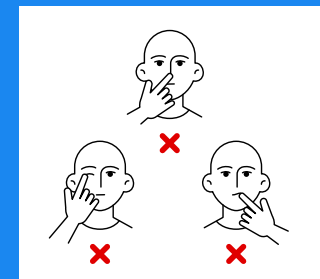
Cough or sneeze into your elbow, never into your hands or over your produce.



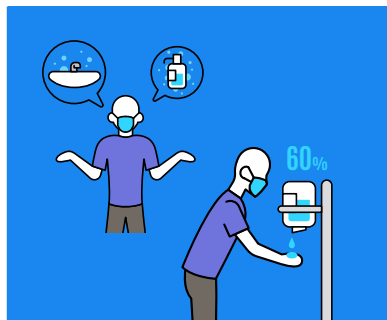
If you use a tissue to blow your nose, always dispose of used tissues properly.



Wash your hands frequently with soap and water for 20 seconds.



Avoid touching your eyes, nose, or mouth with your hands.



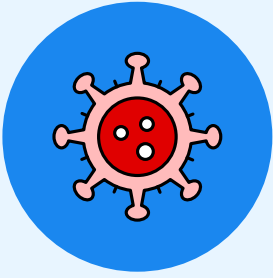
If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.



The Covid-19 virus can survive on some surfaces. Use soap and water (or an alternative method) to disinfect surfaces regularly.



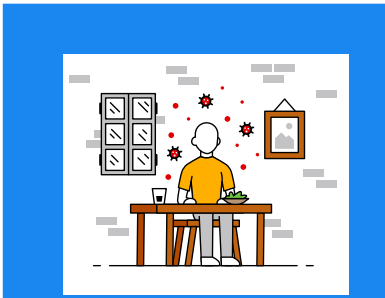
Frequently clean utensils, tables, door handles, handrails, payment devices, and other high-touch surfaces and objects.



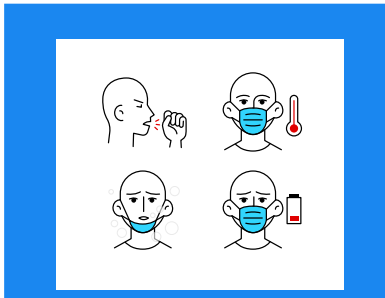
If you have symptoms or were tested positive for coronavirus



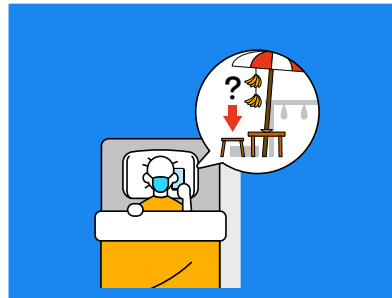
If you, or anyone who works with you, has tested positive for COVID-19 or has had close contact for an extended period of time with a person with COVID symptoms or who has tested positive, you can infect others!



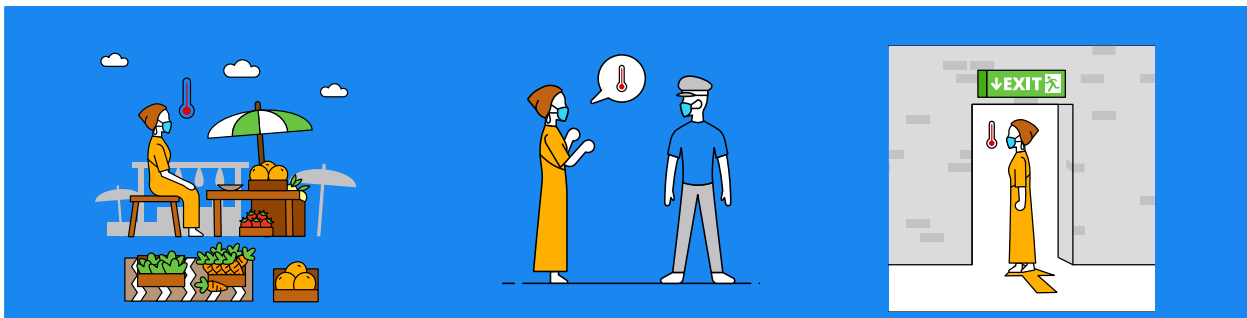
Stay at home!



Common symptoms include fever, a dry cough, shortness of breath and fatigue.

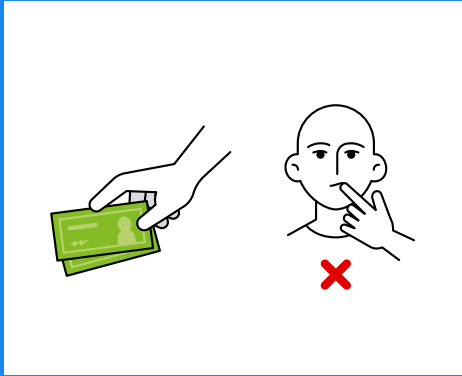


Do not go to the market and see if someone you had no contact with can substitute for you.

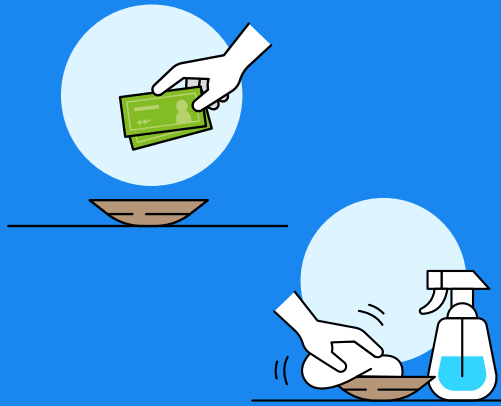


If you or anyone who works with you shows any symptoms of COVID-19, alert the market authorities and leave the market immediately.

Payments



When exchanging coins or bank notes, avoid touching your face afterwards.



Use a tray to receive money and give change and clean the tray after each use.



Encourage the use of mobile phone payment or other contactless payment methods.

Be part of the team that
will make our markets safer.



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