Leaving No-one Behind with Biofortification: Experiences from Zimbabwe

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Micronutrient malnutrition in Zimbabwe

- Iron deficiency: 72%
- Vitamin A deficiency: 61%

Other figures:
- 19%
- 23%
Zimbabwe Strategy

Supplementation  Commercial Fortification

Dietary Diversity  Biofortification
The HarvestPlus Approach to Biofortification

- Conventional Breeding of staples crops for high concentration of key micronutrients
  - Iron, Zinc, Vitamin A
Advantages of biofortification

- Based on staples
- Proven efficacy
- Available to all
- Cost-effective.
Biofortification in Zimbabwe

- Since 2015
  - UK Aid funded, LFSP
- > 300,000 HHs reached
- Three crops
Biofortified crops - Leaving no-one behind

- Those unable to visit health centers
- Those who can’t afford fortified foods
- Those who can’t afford diverse diet
Leaving no-one behind - the rural youth
Conclusion

- BF delivers key micronutrients to everyone in the community:
  - Regardless of religious beliefs
  - Regardless of financial status
  - Regardless of age
Thank you