

Diet Quality Questionnaire DQQ for IYCF



INDONESIA

	Date of Birth (YYYY-MM-DD): ____ - ____ - ____	Date of Interview (YYYY-MM-DD): ____ - ____ - ____	
		(circle answer)	
1	Was [NAME] ever breastfed? <i>Note for interviewer: If answer is "no", skip to question 5. Do not record any answers for questions 2, 3, or 4.</i>	YES or NO	DON'T KNOW (DK)
2	How long after birth was [NAME] first put to the breast? If less than one hour, record "0" hours If less than 24 hours, record hours Otherwise, record days	#	DK
3	In the first 2 days after delivery, was [NAME] given anything other than breastmilk to eat or drink - anything at all like water, infant formula, tea with sugar, steamed rice water, or honey?	YES or NO	DK
4	Was [NAME] breastfed yesterday during the day or at night?	YES or NO	DK
5	Did [NAME] drink anything from a bottle with a nipple yesterday during the day or at night?	YES or NO	DK
6	Now I would like to ask you about liquids that [NAME] may have had yesterday during the day or at night. Please tell me about all drinks, whether [NAME] had them at home, or somewhere else. Yesterday during the day or at night, did [NAME] have...		
6A	Plain water?	YES or NO	DK
6B	Infant formula such as Sgm, Dancow, Chil Mil, Nutrilon, or Bebelac?	YES or NO	DK
6Bnum	IF YES: How many times did (NAME) drink infant formula? (IF 7 OR MORE TIMES, RECORD '7').	#	DK
6C.25	Milk from animals including fresh, packaged, or powdered milk?	YES or NO	DK
6Cnum	IF YES: How many times did (NAME) drink milk? (IF 7 OR MORE TIMES, RECORD '7').	#	DK
6Cswt.26	IF YES: Was any of the milk a sweet or flavoured type of milk?	YES or NO	DK
6K	Soymilk?	YES or NO	DK
6Kswt	IF YES: Was the soymilk a sweet or flavored type of soymilk?	YES or NO	DK
6E	Instant cocoa such as Milo, Energen, or Yakult?	YES or NO	DK
6F.27	Juice, fruit drinks, syrup, NutriSari or Marimas?	YES or NO	DK
6G.28	Soda such as regular Cola or Fanta, or energy drinks such as Krating Daeng, or Mizone?	YES or NO	DK
6H	Tea, coffee, or herbal drinks?	YES or NO	DK
6Hswt.26	IF YES: was the drink sweetened?	YES or NO	DK
6I	Clear broth or clear soup?	YES or NO	DK
6J	Any other liquids? IF YES: What was the liquid or what were the liquids?	YES or NO	DK
6Jswt	IF YES: Was the drink sweetened?	YES or NO	DK
7	Now I would like to ask you about foods that [NAME] had yesterday during the day or at night. I am interested in foods your child ate whether at home or somewhere else. Please think about snacks and small meals as well as main meals. I will ask you about different types of foods, and I would like to know whether your child ate the food even if it was combined with other foods. Please do not answer 'yes' for any food or ingredient used in a small amount to add flavour to a dish. Yesterday during the day or at night, did [NAME] eat:		
7.15	Yogurt?	YES or NO	DK
7.15num	IF YES: How many times did (NAME) have yogurt?	#	DK
6D	N/A	YES or NO	DK
6Dswt	N/A	YES or NO	DK
	Yesterday, did [NAME] eat any of the following foods:		
7.1	Rice, rice porridge, rice cake, noodles, macaroni, or bubur sumsum?	YES or NO	DK
7.2	Corn?	YES or NO	DK
7.3	Potato, white sweet potato, purple sweet potato, cassava, taro, sago congee, breadfruit, or unripe banana?	YES or NO	DK
7.4	Tofu, tempeh, oncom, red beans, edamame, mung bean porridge, or soymilk?	YES or NO	DK

	Yesterday, did [NAME] eat any of the following vegetables:		
7.5	Carrots, pumpkin, orange sweet potato, or red bell pepper?	YES or NO	DK
7.6.1	Spinach, water spinach, sawi, bok choy, Chinese broccoli, or broccoli?	YES or NO	DK
7.6.2	Cassava leaves, sweet potato leaves, pumpkin leaves, papaya leaves, moringa leaves, or fern?	YES or NO	DK
7.7.1	Tomatoes, long beans, winged beans, green beans, cabbage, or green bell pepper?	YES or NO	DK
7.7.2	Chayote, mung bean sprouts, radish, cauliflower, or mushrooms?	YES or NO	DK
7.7.3	Eggplant, loofa gourd, bitter melon, cucumber, or zucchini?	YES or NO	DK
	Yesterday, did [NAME] eat any of the following fruits:		
7.8	Ripe papaya, ripe mango, or orange melon?	YES or NO	DK
7.9	Citrus fruits such as mandarin, jeruk manis, or pomelo?	YES or NO	DK
7.10.1	Ripe banana, guava, watermelon, dragon fruit, rambutan, or longan?	YES or NO	DK
7.10.2	Snake fruit, mangosteen, durian, avocado, apple, or pear?	YES or NO	DK
7.10.3	star fruit, pineapple, rose apple, young coconut meat, green mango, or green papaya?	YES or NO	DK
	Yesterday, did [NAME] eat any of the following sweets:		
7.11	Cakes, sweet biscuits, roti manis, or donuts?	YES or NO	DK
7.12	Candy, chocolates, ice cream, agar agar, cendol, or bubur sumsum?	YES or NO	DK
	Yesterday, did [NAME] eat any of the following foods of animal origin:		
7.13	Eggs?	YES or NO	DK
7.14	Cheese?	YES or NO	DK
7.org	Liver, kidney, heart, lung, or neck?	YES or NO	DK
7.16	Sausages?	YES or NO	DK
7.17	Beef, goat, lamb, water buffalo, or deer?	YES or NO	DK
7.18	Pork, wild boar, rabbit, or horse?	YES or NO	DK
7.19	Chicken, pigeon, or duck?	YES or NO	DK
7.20	Fish or other seafood?	YES or NO	DK
7.insect	Palm grubs, or grasshoppers?	YES or NO	DK
	Yesterday, did [NAME] eat any of the following other foods:		
7.21	Peanuts, peanut butter, cashews, sunflower seeds, or kerupuk melinjo?	YES or NO	DK
7.22	Keropik instant such as Chiki, Kusuka, Qtela, cheese balls, Cheetos, Taro Snack, or potato chips?	YES or NO	DK
7.23	Instant noodles such as Indomie or Mie Sedap?	YES or NO	DK
7.24	Gorengan, deep fried chicken or deep fried fish?	YES or NO	DK
7.red	N/A	YES or NO	DK
7R	Any other solid, semi-solid, or soft food? IF YES: What was the food?	YES or NO	DK
	Yesterday, did [NAME] eat food from any place like...		
7.29	McDonald's, KFC, Burger King, Pizza Hut, or other places that serve pizza or burgers?	YES or NO	DK
CHECK	<i>Note for interviewer: If not a single "yes" for foods is recorded (7-7R), ask 7S. If at least one "yes" for foods (7-7R), skip to 8.</i>		
7S	Did [NAME] eat any solid, semi-solid, or soft food yesterday during the day or night?	YES or NO	DK
8	How many times did [NAME] eat any solid, semi-solid or soft foods yesterday during the day or night? If 7 or more times, record "7"	#	DK

Adapted by the Global Diet Quality Project, www.dietquality.org. 2022.
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INSTRUCTIONS:

- 1) Read the IYCF DQQ exactly as written. Do not include additional dialogue or probing questions. Do not add or remove food items. It is important for the integrity of the questionnaire and comparability of results to not modify the IYCF DQQ. Further instructions on how to use the IYCF DQQ can be found at our website, www.dietquality.org
- 2) If you desire to collect information on additional food items, or to add supplementary questions, these additional questions can be placed at the end of the questionnaire.
- 3) The Global Diet Quality Project has undertaken a systematic process to identify food items for each food group. If you would like to suggest changes to the IYCF DQQ, please contact the team using the "Contact Us" button on our website.