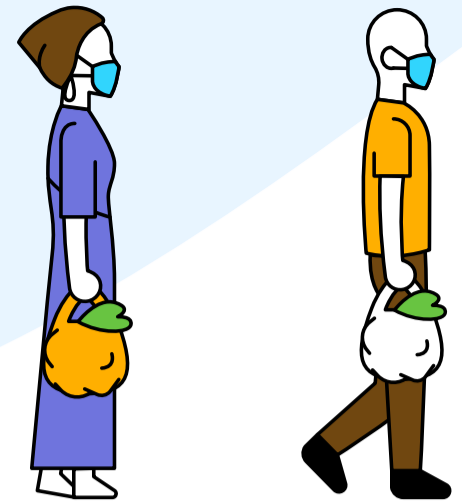
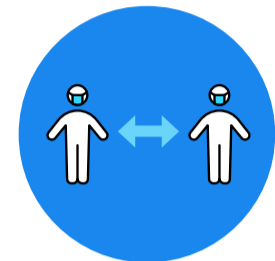


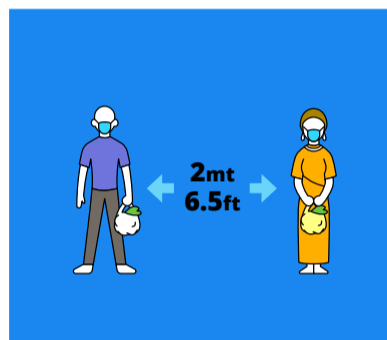
KEEP COVID-19 OUT OF OUR MARKETS



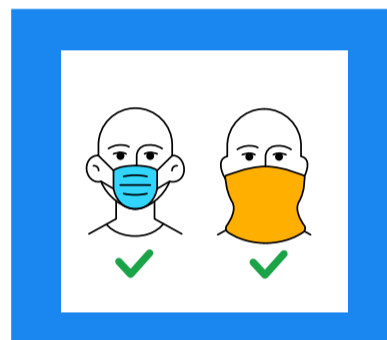
Hygiene and Social distancing



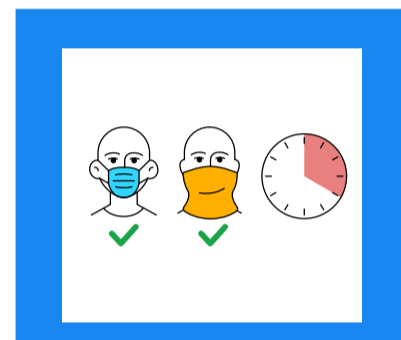
The virus spreads when the infected person coughs, sneezes, talks or breathes.



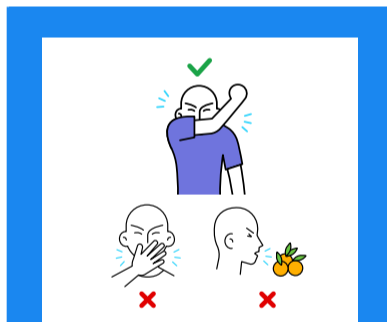
Show the right example, and avoid close contact by staying at least 2 metres away from people who are not part of your household.



Help protect your community and always wear a mask or other face covering that covers your nose and mouth to protect yourself and others.



Change your mask every 4 hours.



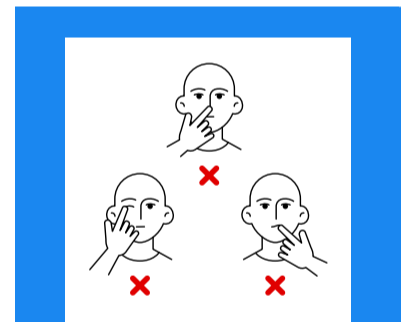
Cough or sneeze into your elbow, never into your hands or over the produce.



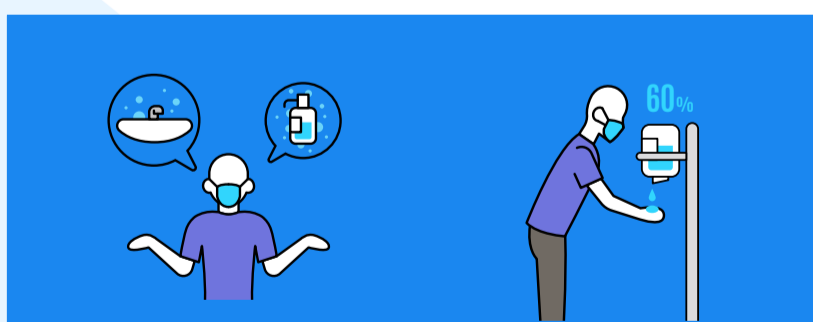
If you use a tissue to blow your nose, always dispose of used tissues properly.



Wash your hands frequently with soap and water for 20 seconds.



Avoid touching your eyes, nose, or mouth with your hands.

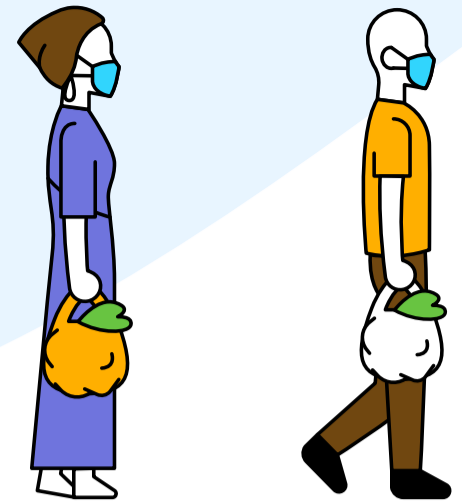


If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Be part of the team that **will make our markets safer.**

Place your logo here


KEEP COVID-19 OUT OF OUR MARKETS




Before going to the market



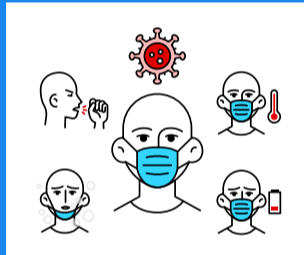
Try to go to the market less often.




Ask yourself if you can do without certain items today.



Try not to shop during peak times to avoid crowds.




Ask whether you are well enough to go.

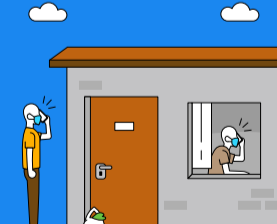


If you are elderly, find someone who can go to the market for you.


Returning from the market



If you are shopping for others, leave the products outside their home.



Let them know at a distance that their food is there.



Wash hands immediately when returning home.

Be part of the team that **will make our markets safer.**

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